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2001-05-01 Monogamy may be the rule, but it's not the practice - not even for animals. Using the same DNA fingerprinting technology used in the courtroom, biologists have now been able to trace parenthood in animals for the first time with certainty. The results have been astonishing: Even among those species previously thought to be monogamous, cheating on your mate is common--for both sexes. In The Myth of Monogamy, David Barash and Judith Eve Lipton describe how this new research shows that there is simply no question whether sexual desire for multiple partners is "natural." It is. Similarly, there is no question of monogamy being "natural." It isn't. Armed with this evidence, scientists have also been able to explain such important questions as why animals (including humans) cheat; why the myth of monogamy was created in the first place; how men and women were sucked into the monogamy hoax; who stands to gain the most by perpetuating the myth of monogamy; and how big of a role procreation plays in the desire to have several sex partners. Finally, The Myth of

Monogamy explores the implications of these dramatic new findings for humans, in terms of relationships, parenting, aggression, and more. A provocative new study of an emotionally charged issue, The Myth of Monogamy illuminates a part of our natural make-up that is as fascinating as it is frustrating.

How Women Got Their Curves and Other Just-So Stories-David P. Barash 2010-08 So how did women get their curves? Why do they have breasts, while other mammals only develop breast tissue while lactating, and why do women menstruate, when virtually no other beings do so? What are the reasons for female orgasm? Why are human females kept in the dark about their own time of ovulation and maximum fertility, and why are they the only animals to experience menopause? David P. Barash and Judith Eve Lipton, coauthors of acclaimed books on human sexuality and gender, discuss the theories scientists have advanced to explain these evolutionary enigmas (sometimes called "Just-So stories" by their detractors) and present hypotheses of their own. Some scientific theories
are based on legitimate empirical data, while others are pure speculation. Barash and Lipton distinguish between what is solid and what remains uncertain, skillfully incorporating their expert knowledge of biology, psychology, animal behavior, anthropology, and human sexuality into their entertaining critiques. Inviting readers to examine the evidence and draw their own conclusions, Barash and Lipton tell an evolutionary suspense story that captures the excitement and thrill of true scientific detection. Out of Eden-David P. Barash 2016-02-04 In this changing world of what is deemed socially and politically "correct," polygamy is perhaps the last great taboo. Over the course of the last thousand years, monogamy - at least in name - has been the default setting for coupledom and procreation. And yet, throughout history, there have been inklings that "one-man, one-woman" may not be the most natural state-of-being for humans. The recent Ashley Madison "cheaters website" hacking, coupled with the high divorce rate of the last half-century, provide more than enough evidence to convince even a hopeless romantic that monogamy, and the institution of marriage which props it up, is doomed to be a bygone remnant of a more socially conservative past. Esteemed writer and evolutionary biologist David P. Barash tackles this uncomfortable finding: that humans are actually biologically and anthropologically more inclined toward polygamy. With years of research in the field to back up this argument, Barash presents hundreds of anecdotes from both evolutionary biology and human history that guide the reader through the societal impacts of monogamy and polygamy - some expected (sexual behavior) and others unexpected (the most successful models of parenting). Despite this natural inclination of humanity, Barash is reassuring throughout this fascinating read in his resolution that "biology is not destiny."

Race, Monogamy, and Other Lies They Told You-Agustín Fuentes 2015-05 There are three major myths of human nature: humans are divided into biological races; humans are naturally aggressive; and men and women are truly different in behavior, desires, and wiring. In an
engaging and wide-ranging narrative, Agustín Fuentes counters these pervasive and pernicious myths about human behavior. Tackling misconceptions about what race, aggression, and sex really mean for humans, Fuentes incorporates an accessible understanding of culture, genetics, and evolution, requiring us to dispose of notions of “nature or nurture.” Presenting scientific evidence from diverse fields—including anthropology, biology, and psychology—Fuentes devises a myth-busting toolkit to dismantle persistent fallacies about the validity of biological races, the innateness of aggression and violence, and the nature of monogamy and differences between the sexes. A final chapter plus an appendix provide a set of take-home points on how readers can myth-bust on their own. Accessible, compelling, and original, this book is a rich and nuanced account of how nature, culture, experience, and choice interact to influence human behavior.

Sex at Dawn—Christopher Ryan 2010-06-29 Since Darwin's day, we've been told that sexual monogamy comes naturally to our species. Mainstream science—as well as religious and cultural institutions—has maintained that men and women evolved in families in which a man's possessions and protection were exchanged for a woman's fertility and fidelity. But this narrative is collapsing. Fewer and fewer couples are getting married, and divorce rates keep climbing as adultery and flagging libido drag down even seemingly solid marriages. How can reality be reconciled with the accepted narrative? It can't be, according to renegade thinkers Christopher Ryan and Cacilda Jethå. While debunking almost everything we "know" about sex, they offer a bold alternative explanation in this provocative and brilliant book. Ryan and Jethå’s central contention is that human beings evolved in egalitarian groups that shared food, child care, and, often, sexual partners. Weaving together convergent, frequently overlooked evidence from anthropology, archaeology, primatology, anatomy, and psychosexuality, the authors show how far from human nature monogamy really is. Human beings everywhere and in every era have confronted the same familiar, intimate situations...
in surprisingly different ways. The authors expose the ancient roots of human sexuality while pointing toward a more optimistic future illuminated by our innate capacities for love, cooperation, and generosity. With intelligence, humor, and wonder, Ryan and Jethå show how our promiscuous past haunts our struggles over monogamy, sexual orientation, and family dynamics. They explore why long-term fidelity can be so difficult for so many; why sexual passion tends to fade even as love deepens; why many middle-aged men risk everything for transient affairs with younger women; why homosexuality persists in the face of standard evolutionary logic; and what the human body reveals about the prehistoric origins of modern sexuality. In the tradition of the best historical and scientific writing, Sex at Dawn unapologetically upends unwarranted assumptions and unfounded conclusions while offering a revolutionary understanding of why we live and love as we do.

Strange Bedfellows-David P. Barash 2009 A husband and wife team make the science of monogamy sexy.

Promiscuity-Tim Birkhead 2000 Birkhead reveals a world in which males and females vie with each other as they strive to maximize their reproductive success. Color illustrations.

Undoing Monogamy-Angela Willey 2016-05-13 In Undoing Monogamy Angela Willey offers a radically interdisciplinary exploration of the concept of monogamy in U.S. science and culture, propelled by queer feminist desires for new modes of conceptualization and new forms of belonging. She approaches the politics and materiality of monogamy as intertwined with one another such that disciplinary ways of knowing themselves become an object of critical inquiry. Refusing to answer the naturalization of monogamy with a naturalization of nonmonogamy, Willey demands a critical reorientation toward the monogamy question in the natural sciences, social sciences, and humanities. The book examines colonial sexual science, monogamous voles, polyamory, and the work of Alison Bechdel and Audre Lorde to show how challenging the lens through which human
nature is seen as monogamous or nonmonogamous forces us to reconsider our investments in coupling and in disciplinary notions of biological bodies.

Monogamy-Marianne Brandon 2010 This text provides a groundbreaking look at sexual instincts and offers a clinical psychologist's and sex therapist's insights and solutions to the challenges of monogamous relationships. * Presents an unprecedented summary of current scientific research relating to monogamy * Real-life vignettes document the most common intimate struggles for couples and reveal how to repair them * Provides an extensive list of exercises for men, women, and couples designed to strengthen their sensual connection * Gives readers a practical, step-by-step approach for connecting with sexual instincts and perfecting one's skills as a lover * Helpful index supplies easy access to key information

The Monogamy Gap-Eric Anderson 2012-03-21 Whether straight or gay, most men start their relationships desiring monogamy. This is rooted in the pervasive notion that monogamy exists as a sign of true love. Yet despite this deeply held cultural ideal, cheating remains rampant. In this accessible book, Eric Anderson investigates why 78% of men he interviewed have cheated despite their desire not to. Combining 120 interviews with research from the fields of sociology, biology, and psychology, Anderson identifies cheating as a product of wanting emotional passion for one's partner, along with a steadily growing desire for emotionally-detached recreational sex with others. Anderson coins the term "the monogamy gap" to describe this phenomenon. Anderson suggests that monogamy is an irrational ideal because it fails to fulfil a lifetime of sexual desires. Cheating therefore becomes the rational response to an irrational situation. The Monogamy Gap draws on a range of concepts, theories, and disciplines to highlight the biological compulsion of our sexual urges, the social construction of the monogamous ideal, and the devastating chasm that lies between them. Whether single or married, monogamous or open, straight or gay, readers will find The Monogamy Gap to be an enlightening,
Cheap Sex-Mark Regnerus 2017-08-02 Sex is cheap. Coupled sexual activity has become more widely available than ever. Cheap sex has been made possible by two technologies that have little to do with each other - the Pill and high-quality pornography - and its distribution made more efficient by a third technological innovation, online dating. Together, they drive down the cost of real sex, and in turn slow the development of love, make fidelity more challenging, sexual malleability more common, and have even taken a toll on men's marriageability. Cheap Sex takes readers on an extended tour inside the American mating market, and highlights key patterns that characterize young adults' experience today, including the timing of first sex in relationships, overlapping partners, frustrating returns on their relational investments, and a failure to link future goals like marriage with how they navigate their current relationships. Drawing upon several large nationally-representative surveys, in-person interviews with 100 men and women, and the assertions of scholars ranging from evolutionary psychologists to gender theorists, what emerges is a story about social change, technological breakthroughs, and unintended consequences. Men and women have not fundamentally changed, but their unions have. No longer playing a supporting role in relationships, sex has emerged as a central priority in relationship development and continuation. But unravel the layers, and it is obvious that the emergence of "industrial sex" is far more a reflection of men's interests than women's.

The Monogamy Mystery-John I. Cline 2018-02-16 Infidelity has been a destructive force to the institution of marriage. Many husbands and wives find themselves in the middle of extramarital affairs not because they want to destroy their marriages, not because they don't love their spouses, and not because they are inherently evil. In many cases, persons admitting to infidelity have no explicable reason to offer for examination; they are genuinely regretful of the behavior and the hurt it causes, yet they may find
them­selves in the same sit­u­a­tion over and over
again. In The Monogamy My­st­er­y, author and
bishops John I. Cline ex­plains from a bib­i­lical
per­spec­tive how to pre­vent in­fi­del­i­ty go­ing
for­ward and how to sur­vive in­fi­del­i­ty in mar­riage.
He shows how when ad­dressing the root of the
pro­blems in mar­riages, a ques­tion con­sis­tently
res­onates: Were we rea­lly de­signed to be
monogamous? With a skill­ful bib­i­lical,
soci­ol­o­gical, and spir­i­tual an­a­lysis, Bishop Cline
e­luc­i­dates the philo­soph­i­cal and the­o­lo­gi­cal
import of the in­st­itu­tion of mar­riage, and the
in­ter­disc­i­pl­i­nary di­al­o­gue he of­fers through
bib­i­lical an­a­lysis elicits a re­le­vant psy­cholog­i­cal-
the­o­lo­gi­cal ef­fect that has the po­wer to trans­form
the mind! Those who seek to have their lives
guided and di­rected by god­ly prin­ci­ples and who
hope to live the abun­dant life that Jesus prom­ised
by seek­ing greater de­ths and growth in their
re­la­tion­al lives will find The Monogamy My­st­er­y
to be a ba­s­tion and re­fuge of life, peace, and rest.
And by un­der­stand­ing the roots of in­fi­del­i­ty and
how to con­quer it, they will enjoy more ful­fill­ing
lives.
At the age of forty, many couples decide they are ready for additional relationships. In addition, chapters offer suggestions for ways to best support couples through policy, clinical practices, and community support. The book also investigates aspects of a relationship that help predict fidelity and stability. Topics featured in this book include: 

- Couple relationships when one partner has an acquired physical disability.
- Impact of smartphones on relationships.
- Online dating and its implications for couple relationships.
- Assessment and intervention in situations of infidelity and non-monogamy.
- Parenting interventions for the transition from partnership to parenthood.
- Online couple psychotherapy to support emotional links between long distance partners.

Couple Relationships in a Global Context is an essential resource for researchers, professors, and graduate students as well as clinicians and practitioners in family therapy, clinical psychology, general practice/family medicine, social work, and related psychology and medical disciplines.

The State of Affairs—Esther Perel 2017-10-10

Iconic couples’ therapist and bestselling author of Mating in Captivity Esther Perel returns with a provocative look at relationships through the lens of infidelity. An affair: it can rob a couple of their relationship, their happiness, their very identity. And yet, this extremely common human experience is so poorly understood. What are we to make of this time-honored taboo—universally forbidden yet universally practiced? Why do people cheat—even those in happy marriages? Why does an affair hurt so much? When we say infidelity, what exactly do we mean? Do our romantic expectations of marriage set us up for betrayal? Is there such a thing as an affair-proof marriage? Is it possible to love more than one person at once? Can an affair ever help a marriage? Perel weaves real-life case stories with incisive psychological and cultural analysis in this fast-paced and compelling book. For the past ten years, Perel has traveled the globe and worked with hundreds of couples who have grappled with infidelity. Betrayal hurts, she writes, but it can be healed. An affair can even be the doorway to a new marriage—with the same person. With the right approach, couples can
grow and learn from these tumultuous experiences, together or apart. Affairs, she argues, have a lot to teach us about modern relationships—what we expect, what we think we want, and what we feel entitled to. They offer a unique window into our personal and cultural attitudes about love, lust, and commitment. Through examining illicit love from multiple angles, Perel invites readers into an honest, enlightened, and entertaining exploration of modern marriage in its many variations. Fiercely intelligent, The State of Affairs provides a daring framework for understanding the intricacies of love and desire. As Perel observes, “Love is messy; infidelity more so. But it is also a window, like no other, into the crevices of the human heart.”

More Than Two-Franklin Veaux 2014-09-02 Can you love more than one person? Have multiple romantic partners, without jealousy or cheating? Absolutely! Polyamorous people have been paving the way, through trial and painful error. Now there's the new book More Than Two: A practical guide to ethical polyamory to help you find your own way.

Through a Glass Brightly-David P. Barash 2018-08 "Human beings are important, especially to themselves! But as science advances, it has become increasingly clear that we are less special and more natural than many people have long believed. This book shows how, as we finally look at ourselves honestly and accurately, we can identify ourselves as wonderfully natural, inseparable from the universe and other living things"--

The Secrets of Surviving Infidelity-Scott Haltzman 2013-06 Advocates against ending a relationship due to cheating, teaching both victims and perpetrators of infidelity how to deal with their feelings, reduce their sense of despair, and begin rebuilding a strong relationship.

Sex, Time, and Power-Leonard Shlain 2004-08-03 As in the bestselling The Alphabet Versus the Goddess, Leonard Shlain’s provocative new book promises to change the way readers view themselves and where they came from. Sex, Time, and Power offers a tantalizing answer to an age-old question: Why did big-brained Homo
sapiens suddenly emerge some 150,000 years ago? The key, according to Shlain, is female sexuality. Drawing on an awesome breadth of research, he shows how, long ago, the narrowness of the newly bipedal human female’s pelvis and the increasing size of infants’ heads precipitated a crisis for the species. Natural selection allowed for the adaptation of the human female to this environmental stress by reconfiguring her hormonal cycles, entraining them with the periodicity of the moon. The results, however, did much more than ensure our existence; they imbued women with the concept of time, and gave them control over sex—a power that males sought to reclaim. And the possibility of achieving immortality through heirs drove men to construct patriarchal cultures that went on to dominate so much of human history. From the nature of courtship to the evolution of language, Shlain’s brilliant and wide-ranging exploration stimulates new thinking about very old matters.

Insignificant Others-Stephen McCauley
2010-06-08 What do you do when you discover your spouse has an insignificant other? How about when you realize your own insignificant other is becoming more significant than your spouse? There are no easy answers to these questions, but Stephen McCauley—“the master of the modern comedy of manners” (USA Today)—makes exploring them a literary delight. Richard Rossi works in HR at a touchy-feely software company and prides himself on his understanding of the foibles and fictions we all use to get through the day. Too bad he’s not as good at spotting such behavior in himself. What else could explain his passionate affair with Benjamin, a very unavailable married man? Richard suggests birthday presents for Benjamin’s wife and vacation plans for his kids, meets him for "lunch" at a sublet apartment, and would never think about calling him after business hours. "In the three years I’d known Benjamin, I’d come to think of him as my husband. He was, after all, a husband, and I saw it as my responsibility to protect his marriage from a barrage of outside threats and bad influences. It was the only way I could justify sleeping with him." Since Richard is not entirely
available himself—there’s Conrad, his adorable if maddening partner to contend with—it all seems perfect. But when cosmopolitan Conrad starts spending a suspicious amount of time in Ohio, and economic uncertainty challenges Richard’s chances for promotion, he realizes his priorities might be a little skewed. With a cast of sharply drawn friends, frenemies, colleagues, and personal trainers, Insignificant Others is classic McCauley—a hilarious and ultimately haunting social satire about life in the United States at the bitter end of the boom years, when clinging to significant people and pursuits has never been more important—if only one could figure out what they are.

Marriage Confidential-Pamela Haag 2011-05-31
“In this timely and thought-provoking analysis of modern coupledom, Pamela Haag paints a vivid tableau of the ‘semi-happy’ couple. Written with wit and aplomb, this page turner will instigate an insurrection against our marital complacency.” —Esther Perel, author of Mating in Captivity

Written with the persuasive power of Naomi Wolf and the analytical skills of Susan Faludi, Pamela Haag’s provocative but sympathetic look at the state of marriage today answers—and goes beyond—the question many of us are asking: "Is this all there is?"

Against Love-Laura Kipnis 2009-01-16
Who would dream of being against love? No one. Love is, as everyone knows, a mysterious and all-controlling force, with vast power over our thoughts and life decisions. But is there something a bit worrisome about all this uniformity of opinion? Is this the one subject about which no disagreement will be entertained, about which one truth alone is permissible? Consider that the most powerful organized religions produce the occasional heretic; every ideology has its apostates; even sacred cows find their butchers. Except for love. Hence the necessity for a polemic against it. A polemic is designed to be the prose equivalent of a small explosive device placed under your E-Z-Boy lounger. It won’t injure you (well not severely); it’s just supposed to shake things up and rattle a few convictions. From the Trade Paperback edition.
Sexual Desire-Roger Scruton 2015-06-15 A dazzling treatise, as erudite and eloquent as Simone de Beauvoir's The Second Sex and considerably more sound in its conclusion - TLS
"He is an eloquent and practised writer" - The Independent (UK) When John desires Mary or Mary desires John, what does either of them want? What is meant by innocence, passion, love and arousal, desire, perversion and shame? These are just a few of the questions Roger Scruton addresses in this thought-provoking intellectual adventure. Beginning from purely philosophical premises, and ranging over human life, art and institutions, he surveys the entire field of sexuality; equally dissatisfied with puritanism and permissiveness, he argues for a radical break with recent theories. Upholding traditional morality - though in terms that may shock many of its practitioners - his argument gravitates to that which is candid, serene and consoling in the experience of sexual love.

Paleofantasy: What Evolution Really Tells Us about Sex, Diet, and How We Live-Marlene Zuk 2013-03-18 “With . . . evidence from recent genetic and anthropological research, [Zuk] offers a dose of paleoreality.”—Erin Wayman, Science News We evolved to eat berries rather than bagels, to live in mud huts rather than condos, to sprint barefoot rather than play football—or did we? Are our bodies and brains truly at odds with modern life? Although it may seem as though we have barely had time to shed our hunter-gatherer legacy, biologist Marlene Zuk reveals that the story is not so simple. Popular theories about how our ancestors lived—and why we should emulate them—are often based on speculation, not scientific evidence. Armed with a razor-sharp wit and brilliant, eye-opening research, Zuk takes us to the cutting edge of biology to show that evolution can work much faster than was previously realized, meaning that we are not biologically the same as our caveman ancestors. Contrary to what the glossy magazines would have us believe, we do not enjoy potato chips because they crunch just like the insects our forebears snacked on. And women don’t go into shoe-shopping frenzies because their prehistoric
foremothers gathered resources for their clans. As Zuk compellingly argues, such beliefs incorrectly assume that we’re stuck—finished evolving—and have been for tens of thousands of years. She draws on fascinating evidence that examines everything from adults’ ability to drink milk to the texture of our ear wax to show that we’ve actually never stopped evolving. Our nostalgic visions of an ideal evolutionary past in which we ate, lived, and reproduced as we were “meant to” fail to recognize that we were never perfectly suited to our environment. Evolution is about change, and every organism is full of trade-offs. From debunking the caveman diet to unraveling gender stereotypes, Zuk delivers an engrossing analysis of widespread paleofantasies and the scientific evidence that undermines them, all the while broadening our understanding of our origins and what they can really tell us about our present and our future.

The Manual-Steve Santagati 2008 A relationship expert and champion "dater" shares the secrets of bad boys everywhere, with practical tips on how to identify a bad boy, how they think and why they do what they do, how to uncover a man's weaknesses, how to decide whether or not to keep him, and how to counter male dating tactics. Reprint. 75,000 first printing.

The Creative Spark-Agustín Fuentes 2017-03-21 A bold new synthesis of paleontology, archaeology, genetics, and anthropology that overturns misconceptions about race, war and peace, and human nature itself, answering an age-old question: What made humans so exceptional among all the species on Earth? Creativity. It is the secret of what makes humans special, hiding in plain sight. Agustín Fuentes argues that your child's finger painting comes essentially from the same place as creativity in hunting and gathering millions of years ago, and throughout history in making war and peace, in intimate relationships, in shaping the planet, in our communities, and in all of art, religion, and even science. It requires imagination and collaboration. Every poet has her muse; every engineer, an architect; every politician, a constituency. The manner of the collaborations varies widely, but successful collaboration is
inseparable from imagination, and it brought us everything from knives and hot meals to iPhones and interstellar spacecraft. Weaving fascinating stories of our ancient ancestors' creativity, Fuentes finds the patterns that match modern behavior in humans and animals. This key quality has propelled the evolutionary development of our bodies, minds, and cultures, both for good and for bad. It's not the drive to reproduce; nor competition for mates, or resources, or power; nor our propensity for caring for one another that have separated us out from all other creatures. As Fuentes concludes, to make something lasting and useful today you need to understand the nature of your collaboration with others, what imagination can and can't accomplish, and, finally, just how completely our creativity is responsible for the world we live in. Agustín Fuentes's resounding multimillion-year perspective will inspire readers—and spark all kinds of creativity.

Everything You Know about Love and Sex is Wrong—Pepper Schwartz 2000-10 Reveals common myths regarding dating, sex, marriage, cohabitation, and communication, and offers tips on achieving fulfilling relationships.

The Course of Love—Alain de Botton 2016-06-14 “An engrossing tale [that] provides plenty of food for thought” (People, Best New Books pick), this playful, wise, and profoundly moving second novel from the internationally bestselling author of How Proust Can Change Your Life tracks the beautifully complicated arc of a romantic partnership. We all know the headiness and excitement of the early days of love. But what comes after? In Edinburgh, a couple, Rabih and Kirsten, fall in love. They get married, they have children—but no long-term relationship is as simple as “happily ever after.” The Course of Love explores what happens after the birth of love, what it takes to maintain, and what happens to our original ideals under the pressures of an average existence. We see, along with Rabih and Kirsten, the first flush of infatuation, the effortlessness of falling into romantic love, and the course of life thereafter. Interwoven with their story and its challenges is an overlay of philosophy—an annotation and a guide to what
we are reading. As The New York Times says, “The Course of Love is a return to the form that made Mr. de Botton’s name in the mid-1990s....love is the subject best suited to his obsessive aphorizing, and in this novel he again shows off his ability to pin our hopes, methods, and insecurities to the page.” This is a Romantic novel in the true sense, one interested in exploring how love can survive and thrive in the long term. The result is a sensory experience—fictional, philosophical, psychological—that urges us to identify deeply with these characters and to reflect on his and her own experiences in love. Fresh, visceral, and utterly compelling, The Course of Love is a provocative and life-affirming novel for everyone who believes in love. “There’s no writer alive like de Botton, and his latest ambitious undertaking is as enlightening and humanizing as his previous works” (Chicago Tribune).

Untrue-Wednesday Martin 2018-09-18 From the #1 New York Times bestselling author of Primates of Park Avenue, a bold, timely reconsideration of female infidelity that will upend everything you thought you knew about women and sex. What do straight, married female revelers at an all-women's sex club in LA have in common with nomadic pastoralists in Namibia who bear children by men not their husbands? Like women worldwide, they crave sexual variety, novelty, and excitement. In ancient Greek tragedies, Netflix series, tabloids and pop songs, we've long portrayed such cheating women as dangerous and damaged. We love to hate women who are untrue. But who are they really? And why, in this age of female empowerment, do we continue to judge them so harshly? In Untrue, feminist author and cultural critic Wednesday Martin takes us on a bold, fascinating journey to reveal the unexpected evolutionary legacy and social realities that drive female faithlessness, while laying bare our motivations to contain women who step out. Blending accessible social science and interviews with sex researchers, anthropologists, and real women from all walks of life, Untrue challenges our deepest assumptions about ourselves, monogamy, and the women we think we know.
From recent data suggesting women may struggle more than men with sexual exclusivity to the revolutionary idea that females of many species evolved to be “promiscuous” to Martin's trenchant assertion that female sexual autonomy is the ultimate metric of gender equality, Untrue will change the way you think about women and sex forever.

Granddaughter of the Sun-Cecelia Eaton Luschnig 2007-05-28 By looking at aspects of Medea that are largely overlooked in the criticism, this book aims at an open and multiple reading. It shows that stories presented in the drama of 5th century Athens are not unrelated to human beings who actually exist.

Madame Bovary's Ovaries-David P. Barash 2008-03-25 Draws on the principles of evolutionary biology to provide fresh insights into the world of literature to explain why certain literary works have had a profound influence on human life, arguing that the behavior of icons of literature reveals a universal human nature that has evolved over millions of years of natural selection. Reprint.

What Do Women Want?-Daniel Bergner 2013-06-20 In this headline-making book, Daniel Bergner turns everything we thought we knew about women's desire on its head. Drawing on extensive research and interviews with renowned behavioural scientists, sexologists, psychologists and everyday women, Daniel Bergner asks: - Do women really crave intimacy and emotional connection? - Are women more disposed to sex with strangers or multiple partners than either science or society have ever let on? - And is 'the fairer sex' actually more sexually aggressive and anarchic than men?

Monogamy-Ulrich H. Reichard 2003-09-11 This book explores the biological roots of social, sexual and reproductive monogamy in birds, mammals and humans.

The Ethical Slut-Janet W. Hardy 2017 The classic guide to love, sex, and intimacy beyond the limits of conventional monogamy has been fully updated to reflect today's modern attitudes and the latest information on nontraditional relationships. For 20 years The Ethical Slut has dispelled myths and showed curious readers how
to maintain a successful polyamorous lifestyle through open communication, emotional honesty, and safer sex practices. The third edition of this timeless guide to communication and sex has been revised to include interviews with poly millennials (young people who have grown up without the prejudices their elders encountered regarding gender, orientation, sexuality, and relationships), tributes to poly pioneers, and new sidebars on topics such as asexuality, sex workers, and ways polys can connect and thrive. The authors also include new content addressing nontraditional relationships beyond the polyamorous paradigm of "more than two": couples who don't live together, couples who don't have sex with each other, nonparallel arrangements, couples with widely divergent sex styles, power disparities, and cross-orientation relationships, while utilizing nonbinary gender language and new terms that have come into common usage since the last edition.

Our Cheating Hearts-Kate Figes 2013-05-09 By the author known and respected for her acclaimed books on relationships. Most of us manage to be monogamous, most of the time, but who cannot imagine themselves committing the 'crime' of adultery? Does being 'faithful' mean the same to everyone? Why DO people have affairs? Using real life testimony alongside the most current research, Our Cheating Hearts looks at the big questions around love and commitment. It lifts taboos, asks the tough questions and shows how in our progressive time monogamy has become the new ideal. Some people manage monogamy. For the countless others that don't, Our Cheating Hearts opens the debate and provides the honest approach that's essential.

Magnificent Sex-Peggy J. Kleinplatz 2020-03-10 Winner of the 2021 SSTAR Consumer Book Award! What makes sex magnificent? What are the qualities of extraordinary erotic intimacy and what are the elements that help to bring it about? Is great sex the stuff that people remember nostalgically from the "honeymoon" phase of their relationships, or can sex improve over time? Magnificent Sex is based on the largest, in-depth interview study ever conducted
with people who are having extraordinary sex. It gathers the nuggets for remarkable sex from the "experts", distilling them into an attainable blueprint for ordinary lovers who want to make erotic intimacy grow over the course of a lifetime. Looking at factors including individual and relational qualities, empathic communication and the myths and realities of magnificent sex, this book offers accessible and evidence-based guidance for lovers and therapists alike. It is replete with frank and often humorous interviews with straight and LGBTQ individuals and couples, those who are "vanilla" and "kinky", monogamous and consensually non-monogamous and healthy and chronically ill. This illuminating book explores the implications of the findings to develop a model that effectively tackles the common problems of low desire and frequency. The "cure" for low desire is to create desirable sex!

Coming of Age in Samoa-Margaret Mead
2014-12-11 This book is the outstanding and most frequently cited work in the field of Anthropology. It made the author world-famous and established her as the leader in her field for the next 50 years. One of the reasons this book became so famous was her observation that young Samoan women deferred marriage for many years while enjoying casual sex before eventually choosing a husband. This led to the Sexual Revolution that swept America in the 1960s and brought about the establishment of the Sexual Freedom League and other organizations. The Free Love generation idolized Margaret Mead.

Troy-Nick McCarty 2008-01-15 Discusses the efforts of Heinrich Schliemann, a nineteenth-century businessman, to identify a site in modern Turkey as the ancient city of Troy, and parallels his discovery with a narrative of the main events of the Trojan War in the poems of Homer.

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